



Hummingbird Children's Centre Activity Calendar

Open Monday to Thursday 8.30am - 4.30pm and Friday 8.30am - 4.00pm



www.milton-keynes.gov.uk/children-centres

Services and support for families with under fives

Hummingbird Children's Centre

Broughton Fields School, Shackerstone Close, Broughton,
Milton Keynes, MK10 9LS

01908 609609

Hummingbird Children's Centre Reach Area: Broughton, Brooklands, Oakgrove, Woolstone, Middleton, Broughton Gate, Newlands, Fox Milne, Willen Lake

Monday

Baby Massage and Baby Yoga Rolling programme

5 week baby massage course and 5 week Yoga course
This is run by an independent provider at the Children's Centre.
Please complete an expression of interest form at reception, or ask a staff member for more details.

10:30am - 11:30am
Massage



11:30am - 12:30pm
Yoga



Employability Programme

Come in and complete a referral to see one of the employment team, supporting with CV writing, confidence building and job searching.

9:00am - 3:00pm



Sensory Room*

An exciting opportunity for non-walkers to indulge in a wonderful sensory experience. Please call 01908 609 609 for availability and times. (45 minute room hire)

9:30am - 3:30pm



Baby Clinic Drop In

Come and visit the local health visitors at a drop in for all babies under one year of age. Health visitors are available throughout these sessions.

1:00pm - 3:00pm
Drop In Every Week



Tuesday

Songs, Story and Rhyme time *

Come and join in with the team, as we sing and read with your little ones. Interactive session with families and children.

10:00am - 10:30am



Humming Cafe

A family friendly space to drop in, have a cup of tea or coffee and meet new people.

10:30am-11:00am

Did you know....

...that our centres are available for private hire? Perfect for parties and meetings.

Find out more by calling 01908 609609.





Booking required. Text **07860004708** with you and your child's name, their date of birth, your address and the session you wish to attend.



Tuesday - continued

Parenting Workshop	A 2 hour parenting workshop to help support children's behaviour and development- booking is essential- limited spaces. Call 01908 609609 to register an interest.	Coming soon – Express an interest at reception today.	
Health Visitors	Development checks by appointment only.	12:30pm - 4:30pm	
Sensory Room*	An exciting opportunity for young babies & children to indulge in a wonderful sensory experience. Please call 01908 609 609 for availability and times (45 minute room hire)	8:45am - 12:00 noon	

Wednesday

Maternity Clinic	By appointment only- for your newest additions. 5 day heel prick tests and postnatal checks.	9:30am - 4:00pm	
Stay and Play*	This is a fun and exciting opportunity to experience a wide range of age appropriate activities for both you and your child to help support their learning and development	10:00am - 11:30am	
Stay and Play Messy*	Is focused on Messy Play. Please bring spare clothes and dress children appropriately for the session.	10:00am - 11:00am <i>The last Wednesday of the month</i>	

Thursday

Hummingbables *	A baby focused session for non-walkers. Come along and join in with our song and rhyme time, whilst giving your baby the opportunity to engage in exciting age appropriate activities	9:30am - 10:30am (non-walkers) 10:30am – 11:00am Informal chat amongst fellow Breastfeeding mothers.	
Hummingbables Messy*	Focused group for babies and young children aged 5-16 months. Please bring a towel!	9:30am - 10:30am <i>Last Thursday of the Month</i>	
Health Visitors	Development checks by appointment only. (9 months & 2 years)	12:30pm - 3:30pm	



Friday

Oakgrove Stay & Play Session*

Fun and exciting activities and experiences for both you and your child to help support their learning and development. (located at the new Oakgrove Primary School)

9:30am - 10:45am
Term time only



Out and About in the Community

Catch the members of the Hummingbird team out and about in the community.

8:30am - 12:00 noon

Support and opportunities

Parenting programmes

Supports families with practical ideas and advice on all aspects of parenting to support your child's development

Healthy eating sessions

Support and advice on healthy lifestyles for adults and children, including cooking sessions and recipes to try at home.

Time for twos

Support with funding for two year old childcare

Family support for parents with 0 – 4 year olds

Pop in and speak to our team about the support available

Support for work and training

We have lots of volunteering opportunities at the centre to help build skills and confidence

Community Learning courses

Enrol in 'English for Speakers of Other Languages (ESOL)' or 'Basic Skills' courses.



Safeguarding Children & Vulnerable Adults

Hummingbird Children's Centre is committed to the safeguarding of all children and adults who use the centre and follows local safeguarding board procedures.



Available in audio, large print, braille and other languages

01908 691691